



## Lauren C. Howell

Lauren C. Howell is an associate at Schmoyer Reinhard LLP. Prior to joining the firm, Lauren spent over two years as an associate in San Antonio where her practice focused primarily on commercial litigation.

### Experience

Lauren's practice includes representing management in all aspects of labor and employment law in state and federal courts.

Prior to working in labor and employment law, Lauren represented clients in commercial and civil litigation disputes, advised on corporate compliance, and crafted small business and individual estate plans. Before becoming an attorney, Lauren was a civil litigation paralegal for five years.

Lauren grew up in Houston, Texas. She graduated *cum laude* from Texas A&M University in College Station in 2013. She then enrolled in the University of Houston Paralegal Certificate Program. Thereafter, Lauren worked as a paralegal in Houston and San Antonio before deciding to further her legal career by attending St. Mary's University School of Law, which she graduated from in 2021.

During law school, Lauren had the pleasure of working as a legal intern with Valero Energy Corporation, for the Honorable Judge Craig A. Gargotta of the Western District of Texas, and with multiple San Antonio law firms. She simultaneously served as the Managing Executive Editor of the *St. Mary's Law Journal* and the President of the Student Animal Legal Defense Fund. Lauren was also selected for publication with the *St. Mary's Law Journal*; as a research assistant for Labor Law and Civil Procedure; and as a teaching assistant for Labor Law, Administrative Law, Torts, Criminal Law, and Legal Writing courses.

### Associate

8000 IH 10 West  
Suite 1600  
San Antonio, Texas 78230  
lhowell@sr-llp.com

#### Phone

210.447.8033

#### Fax

210.447.8036

#### Education

St. Mary's University School of Law, J.D., *cum laude*, 2021

Texas A&M University -  
College Station  
B.A., *cum laude*, 2013

University of Houston  
Paralegal Certificate, 2013

#### Bar Admissions

State Bar of Texas

#### Court Admissions

U.S. District Court for the  
Western District of Texas

### Professional Recognition

- Named by *Scene in S.A.* as one of San Antonio's best litigation lawyers in 2023
- Named a Rising Star S.A. Lawyer by *Scene in S.A.* in 2024
- Selected for publication: Lauren Chlouber Howell, *Alexa Hears with Her Little Ears - But Does She Have the Privilege?*, 52 ST. MARY'S L.J. 837 (2021)
- Recognized for her contributions as a research assistant with regard to the publication of Texas Civil Procedure - Pretrial (2019 ed.) by Richard Flint and Wayne Scott.

### Activities and Affiliations

- Member, San Antonio Bar Association (2022 - Present)
- Member, San Antonio Young Lawyers Association (2021 - Present)
- Member, Texas Association of Defense Counsel (2022 - Present)
- Member, Bexar County Women's Bar Association (2023 - Present)
- Member, Young Aggies of San Antonio (2017 - Present)
- Past Member, The Honorable Larry E. Kelly Bankruptcy American Inn of Court (2020 - 2021)

